



# CaringSG Information Kit

a caregiver-led initiative for  
special needs caregivers and  
the community

Supported by:





# One Life. One Family. One Community.

Since 2020, CaringSG has been connecting, enabling, and empowering special needs caregivers. By partnering the professional, community and public stakeholders, we have transformed innovative caregiving solutions into impactful reality through outcome-focused research and constructive advocacy.

CaringSG comes from the hearts of caregivers. Through caregiving, many of us have gained a very strong and big heart. It's estimated that there are 350,000 special needs caregivers in Singapore and we are a multi-talented community.

Dr Lim Hong Huay, Board Chair & Project 3i Lead



## Assisting caregivers of individuals with special needs

More than 2000 people, including around 1700 caregivers of children with special needs, have enrolled with CaringSG, a non-profit organisation which is supported by SG Enable.

Out of the 1700, around 1000 caregivers have benefited from the inclusive programs and events we have conducted.

# Words from our members

"When I attended the CAREkaki training I realized that it is very structured that caters to the needs of different types of special needs. Different types of special needs we should approach it differently and not all the families are like my family."

Jacqueline Ang, CAREkaki (CAREconnect)



"The trainers gave us case scenarios on how to handle day-to-day situations and they taught us on how to do a family ecomap. Through this routine-based conversations we can actually find out more about their (caregivers') daily activities."

Farah Juwita, CAREbuddy

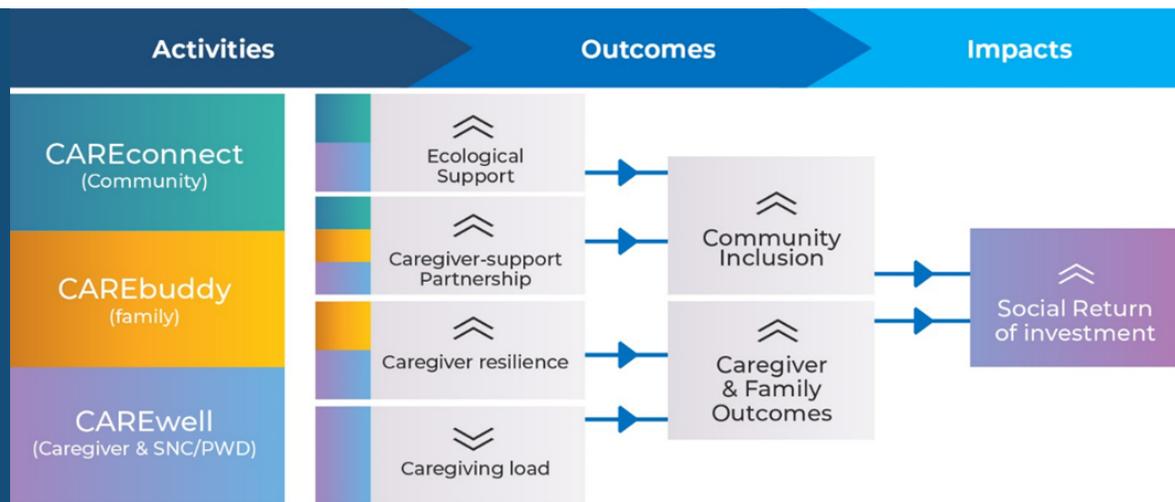


"As I'm a caregiver of a special needs youth, the CAREwell community support team also expressed concern about how my youth is coping at home. They will ask what she can help in terms of my caring for my special needs youth."

Tonia Chan, CAREwell beneficiary



## Social Health Integration (3-tier service model)





# CaringSG's Project 3i Services

## CAREconnect

CaringSG caregiver members gain access to emotional support, resources and connections to fellow caregivers in our CaringSG Alliance Network (CAN), a national network of special needs caregiver support groups, caregivers, people with disabilities, professional allies and supporters of special needs community.

CaringSG Members can participate in our specially curated CAREconnect program jointly organised by CaringSG's caregiver and professional volunteers.

- ★ CAREconnect webinars, forums and respite events
- ★ CAREconnect family activities
- ★ CAREconnect social and inclusive activities



## CAREbuddy

Our CAREbuddy programme is a unique caregiver support system for special needs caregivers, who will receive our supportive services:

- ★ via a trained caregiver (CAREbuddy)
- ★ through regular engagement over 6 months
- ★ to work through personal and family needs and issues

## CAREwell

Our multidisciplinary team of CAREwell professional volunteers are poised to support you in navigating the complex services to better access care for yourself and your loved ones.

# CaringSG Alliance Network

Since 2021, the CaringSG Alliance Network has grown in membership numbers and impact as our initiatives continue to empower caregivers and their families.

**2100** members

**1700** caregivers

**CAREconnect**

**13** webinars

**10** events



**1300** attendees

**CAREbuddy**

**128** enquiries

**28** caregivers supported

**CAREwell**

**12** caregivers supported



# Donation Tiers & How to Donate

Your contributions to CaringSG will empower special needs families in Singapore via the initiatives run by CaringSG's Project 3i. We thank you for your generous contribution.

<b>Pioneer</b>	Donations more than \$100,000
<b>Entrepreneur</b>	Donations between \$50,000 to \$99,999
<b>Champion</b>	Donations between \$10,000 to \$49,999
<b>Ambassador</b>	Donations between \$5,000 to \$9,999
<b>Buddy</b>	Donations between \$1,000 to \$4,999

We accept donations either via giving.sg and cheque. Feel free to contact us at [contact@caring.sg](mailto:contact@caring.sg) should you have any queries. We thank you for your generosity in funding Project 3i.

To donate, simply go to

[www.caring.sg/donate](http://www.caring.sg/donate)



# Join Our Community Today



## Join CaringSG

Special needs caregivers, professionals and members of the public can sign up for a free CaringSG membership at [caring.sg/subscription](http://caring.sg/subscription).

## Stay in touch with us



-  [www.caring.sg](http://www.caring.sg)
-  [@CaringSGLtd](https://www.facebook.com/CaringSGLtd)
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